

## Hiking Trail Lippstadt West Lippeauenweg L1, 11 km

## Start: Lippstadt Stadtinformation [City Information Centre], Rathausplatz

You start your hike on "Rathausplatz" and find the first trail marker of the "Lippeauenweg" [Lippe floodplain trail] L1 on a tree in front of the merry-go-round. You pass by St. Mary's Church and cross "Marktplatz" to head toward the Stadtmuseum [Town Museum]. Turning right, you reach "Marktstraße", which you follow westward. Cross "Cappelstraße", enter "Stiftsstraße", turn left into "David-Gans-Straße" and, after about 30 m, right into "Stiftsfreiheit". Following this street to its end, you can take a short path to the right to get to the premises of the former Stiftskirche, now one of the noteworthy church ruins of Westphalia. Follow "Stiftsfreiheit", turn right into "Soeststraße", cross the bridge over the Lippe River and continue on "Bückeburger Straße" to the bridge over the "Nördliche Umflut" [northern moat]. After the bridge you enter a road to your left and, keeping to the left, reach a footpath that runs parallel to the Lippe River. Follow the path to a pedestrian bridge where you cross the river to get to "Hellinghäuser Weg". Turn right and walk westward until you see the road "Am Nahtfeld" to your left and a floodplain bridge in front of you. Cross the bridge and turn right into a footpath to walk toward a church you see at some distance. As you are nearing it, you get to a lookout tower right of the path that allows you a good overview of the flora and fauna of the "Hellinghäuser Mersch". The church we have used as a landmark is St. Clement Church, where the "Steinerne Brot" [Bread of Stone] is kept. Continue along Gieseler Brook back to the main road, "Hellinghäuser Weg", und turn left toward Lippstadt. Cross "Hellinghäuser Weg" after about 700 m to enter "Im Nahtfeld" and follow this road toward Overhagen. Before the railway underpass, turn left into "Zur Ausschacht", which runs parallel to the Hamm-Kassel railway tracks. At the end of the road, you find an underpass that you use to continue your way – after a sharp left turn – on a footpath on the other side of the railway tracks. Walk for about 500 m and take another, very low underpass to your left to switch sides with the tracks again. You turn right into "Tonhüttenweg" and follow it eastward for about 500 m until you reach a turning area. Keep to the left there and cross "Stirper Straße" at the pedestrian lights. Enter "Klosterstraße" and walk past the Dreifaltigkeitshospital. Immediately after the hospital, behind a rubble wall on the left-hand side, you find "Sankt Annen Rosengarten", where you can visit the foundation walls of a former monastery. Opposite is the mighty parish church of St. Nicolai. You now cross "Cappelstraße" and enter "Kahlenstraße". Turning left, you enter the "I. Pfad" and, after another left turn, "Fleischhauerstraße". Follow it for about 50 m, turn right into "Dunkle Halle", cross "Poststraße" and continue ahead into "Helle Halle". At its end, you face St. Mary's Church and are back on "Rathausplatz", your starting point.