



Churches and Chapels – Western Route

About the route

Distance: 30 km (18 ¾ mi.)
 Duration: 3.5 hours
 Difficulty: easy tour, flat terrain
 Points of interest: (Lippstadt) Luth. Marienkirche, Stiftsruine, Stift Cappel, Böbbinghof farm chapel, (Hellinghausen) St. Clemens, St. Marien parish church, (Benninghausen) Nunnery, (Eickelborn) Luth. church, St. Antonius Chapel, St. Josef, (Lohe) St. Hubertus Chapel, (Ünninghausen) St. Antonius Chapel, (Overhagen) Overhagen Castle with chapel
 Stops for refreshments: Restaurant Gasthof Scheer

Abbreviations:
 NSG – Nature reserve
 CR – Cycle route
 SP – Signpost

- You start at Lippstadt **Town Hall** just opposite **Marienkirche (St. Mary's Church)**. Cycling westward in **Marktstraße** and crossing **Cappelstraße**, you reach the **Stiftsruine**.
- You turn **left** and at the next junction **right** into **Stiftsfreiheit**, from where you can enter the **Stiftspark**. Continue to **Soeststraße** and turn **right** at the T-junction to cross the **Lippe River** and the **nördliche Umflut** [northern moat] and get to the Jahnplatz sports facilities.
- You **pass under** Udener Straße, turn **left** after the underpass and reach the Lippe River, which you follow downstream for about 1 km. Turn **right** to take the route to the wood, **An der Roten Becke**.
- After a short ascent, you get on the path **Zum Toten Arm**, where you turn **left** to follow the edge of the forest.
- Continue to the beginning of **Roncalliweg**, turn **left** into the wood and follow **An der Sommerlaube** for about 300 m.
- You leave the path, heading toward the built-up area, reach an SP "R45" and go straight ahead into **Abteiweg**, which leads you to **Stift Cappel**. (Straight ahead to the clubhouse, then **left** to the premises of the "Stift".)
- To reach the next sight, the **farm chapel** of **Böbbinghof**, double back to **Abteiweg**.
- You follow it to the first junction, turn right into **Sachsenweg** and continue – twice turning right – to **Zur Lake** and **Böbbingweg**.
- Continuing on **Jägerpfad**, you will see an SP "R45" / **"Hellinghausen"** again: turning **right**, you follow it and reach the Lippe River via **Am Karnickelknapp** and **Probstmersch**.
- After about 800 m, you reach a bridge, cross the Lippe River and turn **right** into **Hellinghäuser Weg**, following the SP **"Herzfeld"** / **"Hellinghausen"**.
- Before the floodplain bridge, a path, **St. Clement-Weg**, turns **right** and leads you to St. Clement Church with the "Steinernes Brot" [Bread of Stone]. Near the church is a lookout, which allows you a view of Hellinghauser Mersch, an area restored to its original natural condition.
- Take **Friedhardtskirchner Straße (SP "Benninghausen" / "Herringhausen")** to continue to Benninghausen. After the end of Hellinghausen, you pass by a second lookout of the Mersch.
- Before the long-drawn curve, turn **right** into **Zum Bettenberg (SP "Liesborn")**, which takes you towards the Lippe River. Pass by a **barbecue hut** and follow the **SP "Eickelborn"**. Past the cemetery, you reach **Dorfstraße** and see the building of the former nunnery of Benninghausen just across.
- Turning **right**, you continue over the **parking** and enter **Schelhasseweg** – an unsurfaced road, which leads past a lookout that allows you a view of Klostermersch.
- After about 700 m, a **bridge to the left** leads you via a connecting

SP dirty. Damaged cycle barrier on the way to Gasthof Becker

path (with bollards) back to the main street (**Eickelbornstraße**) and to the Protestant church of Benninghausen.

- You continue **westward** on Eickelbornstraße, pass by St. Josef church and, **after the zebra crossing**, turn **left** into **Rosenstraße**.
- At the end of Rosenstraße, you pass by St. Antonius Chapel. Turn **right** into **Leinenstraße** and then **left** into the cycle path of **Loher Heide**, which takes you to Lohe.
- In Lohe, you keep **left before the bus stop (Loher Straße)** and thus reach St. Hubertus Church.
- About 600 m after the end of Lohe, **Gut Alpe** branches off to the **right**. Gut Alpe becomes **Unterer Dahlweg** after you have crossed the L848 (Flurstraße); you follow it to **Ünninghauser Straße**. Turning **right**, you reach St. Antonius Chapel.
- Follow **Kaldewei** to the bridge over the railway tracks; do **NOT cross** the bridge, though, but keep to the **left (SP “Rund um Lippstadt” / “Herringhausen”)**. When reaching the tracks, you turn **left** into **Steinbachstraße** and reach Herringhausen. At the end of the street, you make a **sharp right** turn and pass under the railway tracks (TIP: Do not take the vehicle underpass, but stay on the upper path right of it!).
- Follow the roads **Am Brüggenspott** (SP “Weckinghausen”) and **Am Rott**; you pass by a forest and turn **left** into **Niederfeld**.
- Turning **left** into **Glaseweg** (SP “R45”) and continuing along the Gieseler Brook, you reach Overhagen on **Nepomukstraße**.
- You cross the main street and follow the SP **“Hellinghausen” / “R45”** to reach Schloß Overhagen.
- Continue along the wall / moat of the castle to the SP **“Sportplatz”** and turn **left** into **Am Schloßpark**.
- Pass under the railway tracks and turn **right** into **An der Ausschacht** immediately **after the underpass**. Follow this street (which changes name to become **Auf der Hude**) to its junction with **Hellinghäuser Weg**.
- Turn **right** into the **CR** back to the centre of Lippstadt. Before the junction with Udener Straße, you keep **right**, leaving the cycle route and entering the **cul-de-sac**.
- Pass through the **opening in the wall** and cross both Stirper Straße and Klosterstraße at the traffic lights. Following the SP “Soesttor”, you enter the street called **Soesttor** and cycle past Dreifaltigkeits-Hospital.
- Turn **right** into **Soeststraße**, at the pedestrian traffic lights **left** into **Cappelstraße** and **right** again into the cycle lane of **Rathausstraße**.
- You get back to your starting point at **Town Hall**.

The Road Traffic Regulations must be followed. You take this cycle tour at your own risk.

Road sign "**Steinbachstraße**" lacking

SP lacking in **Nepomukstr.**

SP "**Hellinghausen**" damaged

Cul-de-sac sign with addition "except pedestrians and cyclists" lacking

